



ACTEMRA (tocilizumab)

# Important Safety Information for Patients

[This brochure provides key information to assist patients and their caregivers to understand the safe use of ACTEMRA. Please read this document, the ACTEMRA Package Leaflet, and the ACTEMRA Patient Alert Card information carefully and save them as references.]

If any of the information is not clear to you ask your physician, nurse, or pharmacist for clarification. The information that you receive in these documents complements the information that you will receive from your physician, nurse, or pharmacist.]

This Patient Brochure is a requirement of the ACTEMRA product license and contains important safety information that you need to be aware of before and during treatment with ACTEMRA. This Patient Brochure must be read together with the ACTEMRA Patient Alert Card [provided by your physician] and the ACTEMRA Package Leaflet that comes with your medication (and is also available on [www.pharm.am](http://www.pharm.am)) as it contains important information about ACTEMRA including Instructions for Use.

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# ACTEMRA® (tocilizumab)

## How is ACTEMRA given?

ACTEMRA is administered either as an intravenous (into a vein) (IV) infusion with a needle or subcutaneous (under the skin) (SC) injection using a pre-filled syringe or pre-filled pen.

## Intravenous Formulation

- ACTEMRA is indicated for the treatment of moderate to severe active RA in adult patients. ACTEMRA can be given alone (in case of intolerance to methotrexate [MTX] or where treatment with MTX is inappropriate) or in combination with MTX and/or other disease-modifying anti-rheumatic drugs (DMARDs).

## Intravenous Formulations - Pediatric Patients

- ACTEMRA is indicated for the treatment of active systemic juvenile idiopathic arthritis (sJIA) in patients 2 years of age and older, who have responded inadequately to previous therapy with NSAIDs and systemic corticosteroids. ACTEMRA can be given as monotherapy (in case of intolerance to MTX or where treatment with MTX is inappropriate) or in combination with MTX.
- ACTEMRA in combination with methotrexate (MTX) is indicated for the treatment of juvenile idiopathic polyarthritis (pJIA; rheumatoid factor positive or negative and extended oligoarthritis; also referred to as Juvenile Idiopathic Polyarthritis) in patients 2 years of age and older, who have responded inadequately to previous therapy with MTX.

## Before starting treatment with ACTEMRA® (tocilizumab)

Before starting ACTEMRA, tell the doctor or nurse if the patient:

- Has signs of an infection (such as a fever, cough or headache, has a skin infection with open sores (chicken pox or shingles), is being treated for an infection, or gets frequent infections. Has diabetes or other conditions that increase the chance for infections

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- Has tuberculosis (TB) or has been in close contact with someone who has had TB. Your doctor should test you for TB before starting ACTEMRA
- Has had intestinal ulcers or diverticulitis
- Has/had liver disease, viral hepatitis
- Has recently had a vaccination (immunisation), such as that for MMR, or is scheduled to have one. Patients should be brought up to date with all immunisations before starting ACTEMRA. Certain types of vaccines should not be administered while on ACTEMRA.
- Has cancer. Discuss with your prescriber if you should receive ACTEMRA
- Has heart or circulatory disease such as high blood pressure or high cholesterol
- Has had any allergic reactions to previous medications, including ACTEMRA
- Has had or now has impaired lung function (e.g. interstitial lung disease, where inflammation and scarring in the lungs make it difficult to get enough oxygen)

**In addition, for patients with sJIA, also tell the doctor or nurse if the patient:**

- Has a history of macrophage activation syndrome
- Is taking any other medications to treat sJIA. This includes oral medications, such as NSAIDs (e.g. ibuprofen), corticosteroids, methotrexate (MTX) and biologic drugs

## **During treatment with ACTEMRA® (tocilizumab)**

### **What tests will be done when receiving treatment with ACTEMRA?**

At each visit to see your doctor or nurse, they may test your blood to help guide your treatment. Here are some things they may look at:

- **Neutrophils.** Having enough neutrophils is important to help our bodies fight infections. ACTEMRA works on the immune system and can cause the number of neutrophils, a form of white blood cells, to drop. For this reason, your doctor may test to make sure you have enough neutrophils and monitor for signs and symptoms of infection.
- **Platelets.** Platelets are small blood components that help stop bleeding by forming clots. Some people taking ACTEMRA had a drop in the number of platelets in their blood. In clinical trials, the drop in platelets was not associated with any serious bleeding.
- **Liver enzymes.** Liver enzymes are proteins produced by your liver which may be released into your blood, sometimes indicating liver damage or disease. Some people who have taken ACTEMRA have had a rise in liver enzymes, which could be a sign of liver damage. Rises in liver enzymes were seen more often when medications that could be harmful to the liver were used with ACTEMRA. If you have a rise in liver enzymes, your doctor should take care of this right away. Your doctor may decide to change your dose of ACTEMRA, or of other medication, or potentially stop treatment with ACTEMRA altogether.

- **Cholesterol.** Some people who have taken ACTEMRA have had a rise in blood cholesterol, which is a type of lipid (fat). If you have an increase in cholesterol, your doctor may prescribe a cholesterol-lowering medication.

### **Can patients have vaccinations during treatment with ACTEMRA?**

ACTEMRA is a medication that affects the immune system and may lower the body's ability to fight infection. Immunisation with live or live-attenuated vaccines (which contain very small amounts of the actual germ or weakened germs, such as the flu vaccine or the measles, mumps, rubella (MMR) vaccine), should not be given during treatment with ACTEMRA.

## **What are the potential serious side effects of ACTEMRA?**

**Infections.** ACTEMRA is a medication that affects your immune system. Your immune system is important because it helps you fight infections. Your ability to fight infections may be lowered with ACTEMRA. Some infections may become serious while on ACTEMRA. Serious infections may require treatment and hospitalisation and in some cases may lead to death.

**Seek immediate medical attention** if you develop signs/symptoms of infection such as:

- Fever and chills
- Persistent cough
- Weight loss
- Throat pain or soreness
- Wheezing
- Red or swollen skin or mouth blisters, skin tears or wounds
- Severe weakness or tiredness
- Stomach Ache

**Allergic reactions.** Most allergic reactions occur during injection or within 24 hours of ACTEMRA administration, although allergic reactions can occur at any time. Serious allergic reactions including anaphylaxis have been reported in association with ACTEMRA. Such reactions may be more severe, and potentially fatal in patients who have experienced allergic reactions during previous treatment with ACTEMRA. Fatal anaphylaxis has been reported during treatment with ACTEMRA.

- If an anaphylactic reaction or other serious allergic reaction occurs, administration of ACTEMRA should be stopped immediately, appropriate medical treatment initiated, and ACTEMRA should be permanently discontinued.

- **Seek immediate medical attention** if you notice any of the following signs or symptoms of allergic reactions:
  - Rash, itching or hives
  - Shortness of breath or trouble breathing
  - Swelling of the lips, tongue or face
  - Chest pain or chest tightness
  - Feeling dizzy or faint
  - Severe stomach pain or vomiting
  - Very low blood pressure
- If you have experienced any allergic reaction symptoms after receiving ACTEMRA or if you are administering ACTEMRA at home and you experience any symptoms suggestive of an allergic reaction:
  - **Do not take the next dose until you have informed your doctor AND your doctor has told you to take the next dose**
  - **Always tell the doctor before your next dose if you experience any allergic reaction symptoms after you receive ACTEMRA.**

**Abdominal pain.** Patients taking ACTEMRA have on rare occasions experienced serious side effects in their stomach and intestines. Symptoms may include fever and persistent abdominal pain with change in bowel habits. **Seek immediate medical attention** if you develop stomach pain or colic or notice blood in your stool.

**Malignancies.** Medicinal products which act on the immune system, like ACTEMRA, may increase the risk of malignancy.

## Call for reporting

Talk to the doctor, nurse or pharmacist if you or the patient have any questions or have any problems.

If the patient experiences any side effects, talk to the doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet.

You can also report side effects directly via [the national reporting system]. By reporting side effects, you or the patient can help provide more information on the safety of this medicine.

Please report side-effects to «SCIENTIFIC CENTRE OF DRUG AND MEDICAL TECHNOLOGY EXPERTISE AFTER ACADEMICIAN E. GABRIELIAN» CJSC via following contacts: Address: 49/4 Komitas av., 0051 Yerevan, Armenia. Phone: +37410231682 (ext: 123), Hot line for ADR reporting: + 37410237265. Email: [vigilance@pharm.am](mailto:vigilance@pharm.am)

or address to Medical Manager, Local Safety Responsible of Hoffmann-La Roche products in Armenia Gayane Ghazaryan, Safety Responsible for Roche products in Armenia via following contacts: Mob.phone: +374 91 796688/ email: gayaneh.ghazaryan@gmail.com. Or Nune Karapetyan, Commercial Lead: mob: +374 91721154/ email: nune.karapetyan.roche@gmail.com

Also to Roche Moscow Safety Hub via following contact: moscow.ds@roche.com

Or report to: mob. +7-495-229 2999, fax: +7-495- 229 7999 or try website: www.roche.ru

For full information on all possible side effects please see the ACTEMRA Package Leaflet, which can be found at the «SCIENTIFIC CENTRE OF DRUG AND MEDICAL TECHNOLOGY EXPERTISE AFTER ACADEMICIAN E. GABRIELIAN» CJSC's website: www.pharm.am.

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